

## PLAN THE CLEANUP

1. **Get a group together.** This is a great volunteer opportunity for individuals, families, clubs, and youth groups to make a real difference for an area you care about.
2. **Scout around for a safe, accessible location** that you'd like to see improved, whether it's a stream, a park, or a nearby field. If the site is on private property, be sure to get the owner's permission. The city or county can help determine ownership if your site is on private property.
3. **Contact Town or County Governmental organizations** to get approvals and assistance. Most local governments will be thrilled to help, and often will provide tools (rakes or shovels) and may schedule a trash pick-up at the location at the end of the clean up.
4. **Remember safety.**
  - Clothing: wear heavy gloves, thick pants, sturdy shoes and safety goggles (if appropriate).
  - First aid kits should be available at the cleanup site and someone should know how to administer first aid.
  - Garbage sites along roads: if needed, contact the highway department to provide warning cones, signs or flags for sites where volunteers will be leaving garbage for pickup.
5. **Arrange for garbage removal.**
  - Dumpsters for volunteers will be available at Friendly's® Restaurant parking lots on April 24.
  - Locate nearby recycling centers for recyclable items.



## CLEANUP DAY

- If you are working with a group, divide the area into work zones, one per team.
- Review "Cleanup Tips and Instructions", stress safety first! If working with students, have at least one adult per team.
- Record how many bags of garbage and sort out recyclable items.
- Photograph trash and workers.
- Arrange for volunteers to help with returning borrowed materials and disposing of garbage or recyclables.

## AFTER THE CLEANUP

- Celebrate! Reward yourself and your volunteers with a party at Friendly's®.
- Send in the Report Form on the back. This is important for us to track how much garbage was removed, and how many people volunteered.
- Educate others by telling your community how much garbage was collected, and by encouraging pollution prevention.

## CLEANUP TIPS

### Suggested Materials List

- Cleanup report form
- First Aid Kit
- Orange cones at any trash collection site along a road
- Life jackets for very young volunteers if you're working near water
- Camera and film
- Work gloves
- Trash bags (available from Rochester area Friendly's® locations when you register while supplies last.
- Rakes, shovels and/or pitchforks
- If you are near water: waders, high rubber boots, old shoes or sneakers.
- Insect/tick repellent
- Refreshments

### SAFETY FIRST!

- Cross streets only with help from an adult.
- Always wear gloves.
- Do not climb steep banks.
- Stay out of the water.
- Squat to pick up objects to protect your back---bend down, not over.
- Leave these items alone, and tell an adult:
  - Broken glass
  - Sharp metal or splintered wood
  - Dead animals
  - Needles
  - Barrels, cans, or buckets that are full
  - Spray cans
  - Heavy objects
  - Walk around poison ivy. "Leaves of three let it be!"

### Let nature be natural

- Leave natural materials: logs, leaves, branches, sticks, etc. (Painted boards or bags of leaves are another story)
- Do not dig up big items. Digging leads to erosion.

### Ouch!

If you are hurt tell an adult right away. Even a small cut can become infected.

### RECYCLE. Sort and set aside:

- Aluminum cans
- Plastic bottles
- Unbroken glass

**The Earth Day Cleanup is proudly sponsored by Delta Laboratories Inc. and by Rochester area Friendly's® Restaurants.**

## RECEIVE A THANK YOU FROM US

We want to reward our hard-working volunteers for their efforts at keeping our environment healthy! For a Friendly's® Happy Ending® Sundae for each volunteer in your group, see below. Coupons will be mailed to the contact name on your report.



## CLEANUP REPORT

Fill in the information below and send it in to receive coupons for each volunteer.

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

How many people participated in the activity? Youth: \_\_\_\_\_ Adult: \_\_\_\_\_

What area did you cleanup? \_\_\_\_\_

How many bags of garbage did you collect? \_\_\_\_\_

- Would you like to receive our e-mail Newsletter?
- Would you be interested in more volunteer projects?
- Would you participate in a survey about local environmental issues?

Please send the completed form to:

Delta Laboratories, Inc.  
Earth Day Clean Up  
410 White Spruce Blvd.  
Rochester, NY 14623

# Thank You!

# Friendly's



## Delta Laboratories

# EARTH DAY CLEANUP

### Fourth Saturday in April

- **Cleanup Instructions**
- **Cleanup Tips**
- **Report form**

For more information contact:  
Project coordinator

585-234-1726 or e-mail [contact@adopt-a-stream.org](mailto:contact@adopt-a-stream.org)



*Add your picture here next year!*

